

Welcome to AIM Sports Volleyball Summer Camp



New Parent-Camper Welcome Packet

Summer 2023

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Mission of AIM Sports Summer Camp

Our mission is to provide a safe and supportive summer camp where individuals of all ages and skill levels can develop the skills, knowledge, and confidence they need to lead active and healthy lifestyles. Our dedicated coaches are committed to promoting teamwork, leadership, and personal growth, and will work with each camper to help them achieve their individual goals. We strive to create a positive and inclusive community where every camper can feel valued, respected, and empowered to reach their full potential.

Goals of AIM Sports Summer Camp

At AIM Sports Summer Camp, our primary objective is to create an engaging and fun-filled environment where campers can actively learn and develop. Our camp culture emphasizes quality and fosters an atmosphere where children can make new friends and create lasting memories. We're committed to keeping campers physically active through a variety of sports and promoting both physical and personal development. Our dedicated staff play an integral role in the foundation of our camp and environment, contributing significantly to our high camper and staff retention rate. Ultimately, our goal is to offer an unforgettable experience that encourages personal growth, lifelong friendships, and the aspirations for all campers to come back next year.

Five Core Values of the AIM Sports Summer Camp

1. Safety - Safety is the number one priority for all campers and staff. We maintain a secure environment by implementing detailed safety protocols, employing certified staff, and conducting regular quality control
2. Fun - Our emphasis is for the camp to be engaging and enjoyable for all campers regardless of age or skill level. We strive to create a positive and inclusive atmosphere where campers can feel comfortable trying new things, making friends, and creating memories.
3. Connections - We value making positive connections with campers, parents, community members, and stakeholders. We encourage open communication and collaboration to ensure that everyone involved in our camp community feels heard, valued, and supported.
4. Integrity - In all that we do, we place a high value on integrity both on and off the court. We believe that honesty, fairness, and ethical behavior are essential for building trust and fostering positive relationships.
5. Athletic Enrichment - We prioritize improving and enhancing the athletic development and motor skill sets of all campers. Our experienced coaches utilize a variety of techniques and drills to help campers develop strength, coordination, balance, and agility, while also teaching them about the importance of proper technique and injury prevention.

2. Director and Assistant Director Information

Director, Jordon Taibi

Jordon Taibi is a highly accomplished summer camp director with a strong educational background and extensive work experience. He graduated from California State University, Long Beach with a Bachelor's degree in Sports Psychology and Leadership. He then furthered his education at California State University, Fullerton where he achieved a Master of Social Work degree.

Throughout his career, Jordon has held positions at VA Long Beach, ICAN - California Abilities Network, the City of Long Beach Parks and Recreation Department, Embassy Consulting Services LLC, and local school districts. Here he honed his skills in coaching, recreation planning, collaborative leadership, creative problem solving, and safety training.

Jordon is passionate about youth sports and is committed to providing a safe, fun, and engaging program to camp participants and families. He has a strong desire to deliver an exceptional summer camp which includes top-quality training, diverse learning experiences, guest speakers, and interactive activities. Overall, Jordon is a driven and accomplished professional who is dedicated to leading the inaugural summer camp program at AIM Sports Complex.



Assistant Director, Louie Nelson

Lewis Nelson was born and raised in Seattle, Washington and spent summers growing up visiting family in Southern California since his parents are both from the Compton area. The son of a former NBA basketball player and a teacher, growing up, Lewis excelled in the classroom and on the court. Lewis spent one year at LA Harbor College, where he played and started on the basketball team. He then transferred to Cal State Dominguez Hills University where he played and started three years of basketball and was named captain in his senior season. Nelson earned his Bachelor's degree in Kinesiology with a teaching option from CSUDH.

Nelson coached at high schools in South LA for 15 years. Lewis won a LA City CIF Div. 4 Championship as head coach at Animo South LA high for boys' basketball in 2012. He also won a LA City CIF Div. 5 Championship at Middle College High in 2015 in boys' basketball and was named LA City CIF Div. 5 Coach of the Year as well. Lewis was an assistant coach at Santa Monica College and head of recruiting while an assistant at LA Harbor College. For the past 6 years he has been the women's head basketball coach at Compton College.



3. Description of AIM Sports Volleyball Camp

At the AIM Sports Volleyball Camp, our objective is to instill fundamentals, enhance motor skills, expand game knowledge, and improve athletic prowess. We focus on developing key skills such as digging, setting, spiking, and serving. We advocate for positional versatility and encourage all campers to learn every role. Emphasis is placed on augmenting vertical jump and lateral movement capabilities to foster athlete adaptability. Through a combination of competitive play, targeted drills, and repetitive muscle memory training, we refine these skills throughout our volleyball camp.

4. Daily Schedules

	Monday - Wednesday	Thursday - All Camp Day
8:00am - 9:00am	Extended Hours Check In - Light Free Play	Extended Hours Check In - Light Free Play
9:00am - 9:15am	Breakfast - Meet with Team and Coaches (Rules, objectives, goals, quote of the day)	Breakfast - Meet with Team and Coaches (Rules, objectives, goals, quote of the day)
9:15am - 10:00am	Warm-up - Dynamic Stretching - Circuit Training	Warm-up - Dynamic Stretching - Circuit Training
10:00am - 10:45am	Morning Session 1	Morning Session 1
10:45am - 11:15am	Hydration and Nutrition Break	Hydration and Nutrition Break
11:15am - 12:00pm	Morning Session 2	Morning Session 2
12:00pm - 12:30pm	Lunch	Lunch
12:30pm - 1:00pm	Lunch - Free Play - Arts and Crafts	Lunch - Free Play - Arts and Crafts
1:00pm - 1:15pm	Warm Up - Dynamic Stretches	Warm Up - Dynamic Stretches
1:15pm - 2:00pm	Afternoon Session 1	Afternoon Session 1
2:00pm - 2:30pm	Hydration and Nutrition Break	Hydration and Nutrition Break
2:30pm - 3:15pm	Afternoon Session 2	All-Camp Games
3:15pm - 3:30pm	Meet with Team and Coaches - Cool Down	Guest Speaker
3:30pm - 4:00pm	Pick Up - Light Free Play - Arts and Crafts	Camp Awards - Pick Up - Light Free Play - Arts and Crafts
4:00pm - 5:00pm	Extended Hours Pick Up - Light Free Play	Extended Hours Pick Up - Light Free Play

5. Equipment and Camper Checklist

- **Athletic Clothing:** Lightweight, breathable sportswear including shorts, t-shirts, and a sweatshirt for cooler days. The clothing should be comfortable and allow for a full range of movement.
 - Clothing with offensive language or graphics are strictly prohibited.
- **Athletic Footwear:** Properly fitted athletic shoes suitable for a variety of activities. Sport specific shoes are highly encouraged.
 - For safety reasons Crocs, flip flops, or any open-toed shoes are strictly prohibited.
- **Socks:** To prevent blisters and ensure comfort, socks must be worn with athletic shoes at all times.
- **Water Bottle:** Hydration is essential during physical activities. Each camper should bring a water bottle to camp daily.
- **Backpack:** To carry all the essentials.
- **Snacks:** Snacks are always encouraged.
 - We ask that all snacks are Peanut-Free to ensure participants with allergies are not impacted
- **Extra Clothes:** Just in case the camper needs to change
- **Athletic Equipment:** We encourage campers to bring athletic equipment that is comfortable and suitable for physical activities, such as knee pads, sweatbands, and compression equipment etc.
- **Event-Appropriate Gear:** Depending on the event, campers may be asked to bring additional items such as hats, sunscreen, and sunglasses etc.

*Please note, we recommend labeling all items with your child's name to avoid mix-ups

6. Camp Grouping Policy

At AIM Sports Summer Camp, we group campers primarily by age to ensure an appropriate and balanced learning environment. We have two primary age groups:

- Ages 5-9: Our younger campers fall into this group, focusing on fun, foundational skills, and basic game rules.
- Ages 10-14: This group caters to our older campers, focusing on skill refinement, strategy, and advanced gameplay.

We recognize that skill level can vary greatly among campers of the same age. Therefore, if a camper demonstrates advanced skills for their age, they can request to be moved to a more advanced group to ensure they are adequately challenged. This results in two proficiency-based groups:

- Intermediate Group: For campers who are developing their skills and understanding of the games.
- Advanced Group: For campers who show a high level of skill need more challenging activities.

For future references, If we are able to maintain our 1:10 coach to camper ratio, we will divide it into three groups with ages 5-7, 8-10, and 10-13.

Please note that siblings in different age groups are encouraged to stay with their respective groups for a balanced and fair experience. This policy ensures each camper receives the most suitable coaching for their age and skill level

7. Dietary and Hydration Information

- Lunch
 - Lunch will be provided for all campers
 - Campers are more than welcome to bring their own lunches
 - We have a microwave and refrigerators available
- Nutrition
 - Campers will have two dedicated nutrition times and will be provided healthy snacks (e.g fruit smoothies)
- Hydration
 - Hydration is incredibly important to us!
 - At the beginning of the day, campers are provided their own water bottle or Gatorade
 - Campers are encouraged to bring their water hydro flasks/water bottles to camp
 - We will have designated hydration times and will take multiple breaks to ensure that all campers are sufficiently hydrated
 - Along with the water fountains, dedicated Gatorade and Water refill stations will be set up throughout camp
- Allergies and Dietary Accommodations
 - If your camper has any food allergies or dietary accommodations, please let either the Director or Assistant Director know so that we can accommodate your child accordingly
 - AIM Summer Camp will be a Peanut-Free Camp

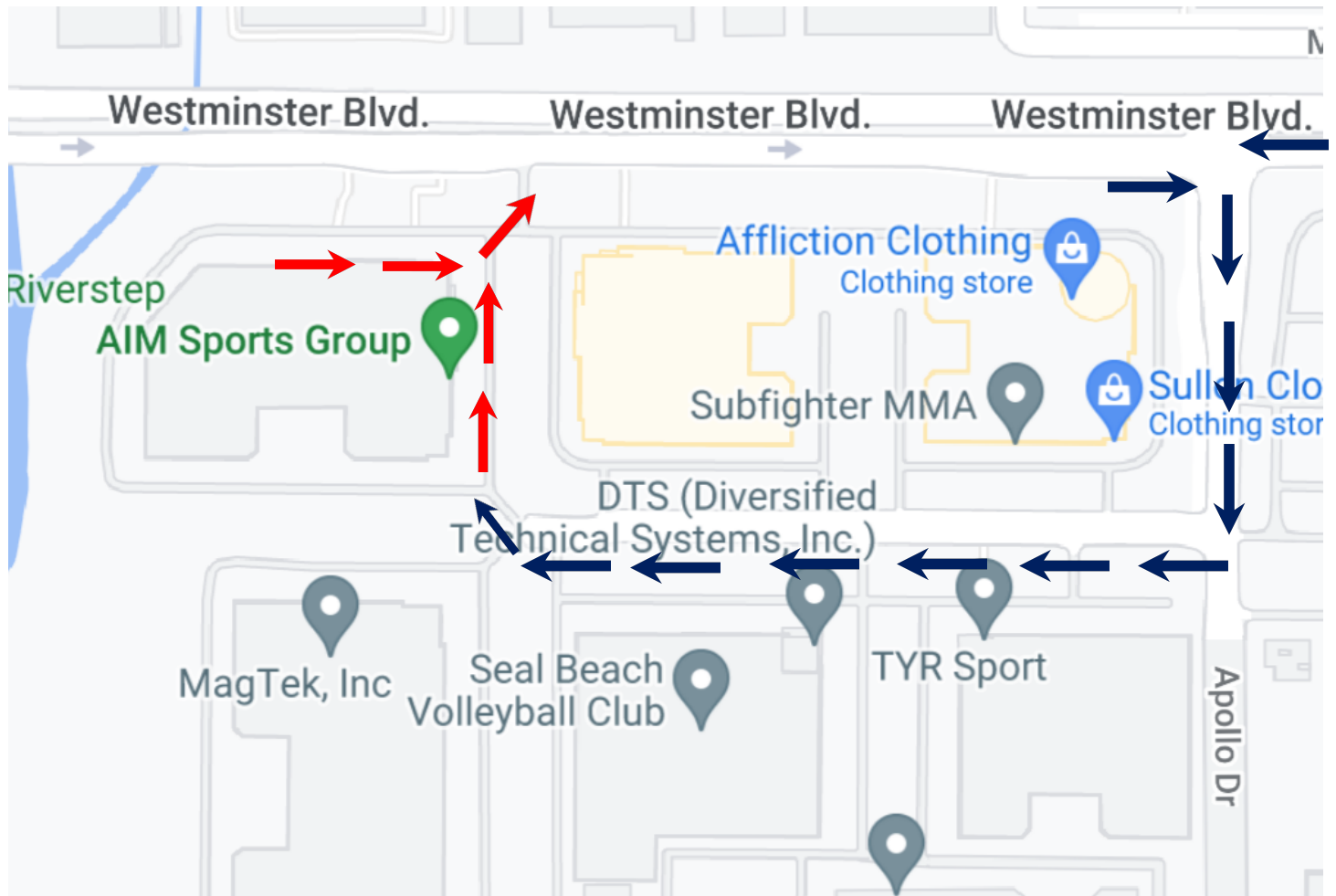
8. Check In and Pick Up Instructions

- The following are all designed for safety purposes:
 - All parents, guardians, designated individuals are required to sign-in and sign-out
 - All parents, guardians, designated individuals are required to show proof of identification (e.g Drivers License) upon picking up any camper
 - If campers are carpooling, please have both parties communicate with the Director or Assistant Director to confirm designated Check In or Pick Up
 - Safety is our number one priority and communication is key!

↓Please refer to maps below for entering/exiting and parking↓

For safety purposes, we ask that all parents/guardians enter on Apollo Street

Please refer the picture below for Check In and Pick Up

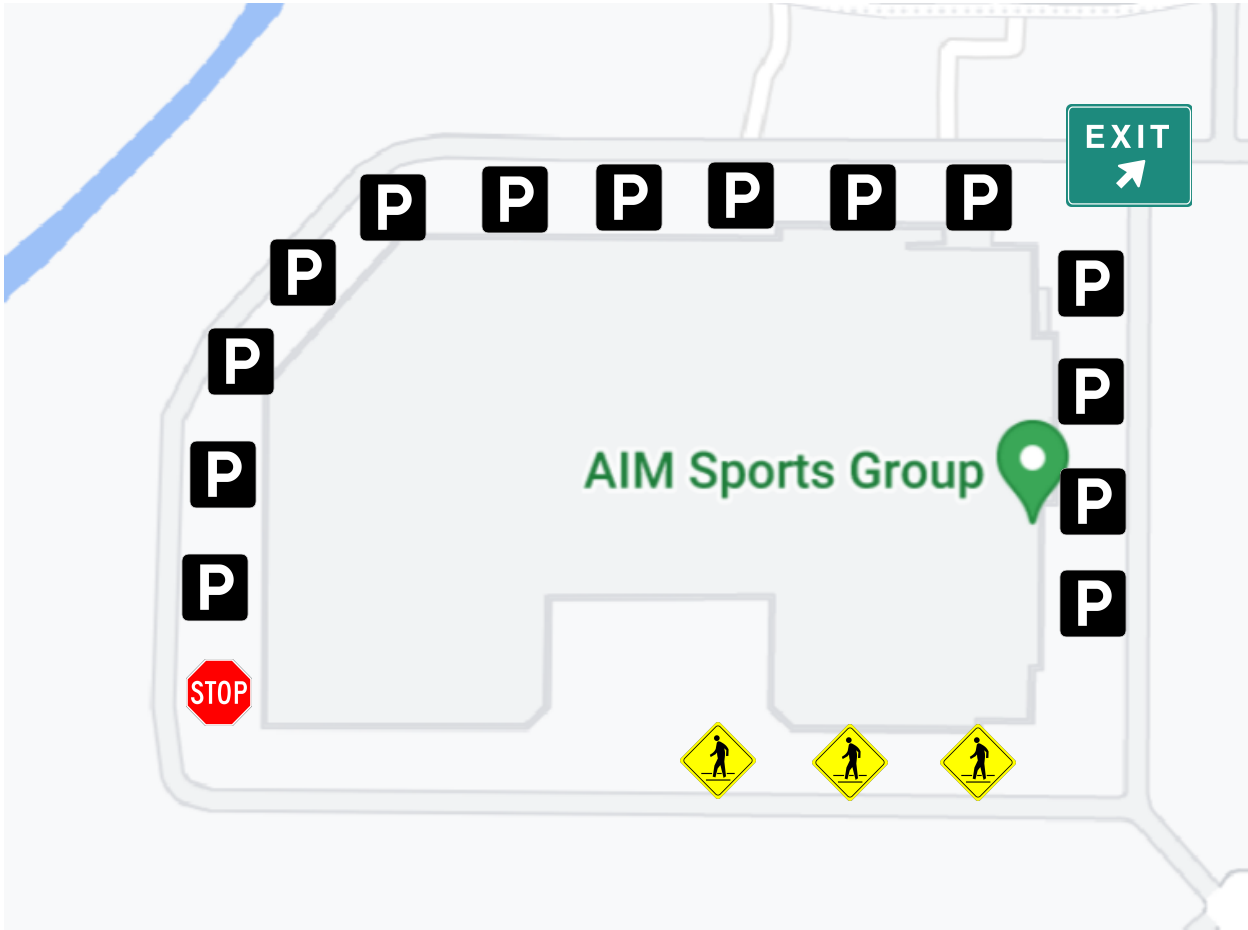


Blue Arrows = Enter Path

Red Arrows = Exit Path

The reason for this design is to ensure smooth traffic flow and establish a safe pedestrian walking area for all campers, parents, guardians, and staff

Please refer to the map below for parking, entering, and exiting



It is important that we utilize AIM Sports Parking spaces only

9. Safety Information

- Medication
 - Our summer camp staff does not hold/store any camper medication.
 - Campers should be able to independently administer and hold on to their medication
- Safety Protocols
 - All staff is CPR/First Aid Certified
 - OSHA Certified First Aid Kit available on-site
 - Anti-Choking Rescue Device available on-site
- Restrooms
 - There will be designated staff and camper-only restrooms
- Injuries
 - The safety of our campers is of the utmost importance, however, injuries are apart of sports
 - As result, we have designed the summer camp curriculum to promote stretching, recovery, and have established safety protocols to avoid and treat injuries
- Sanitation
 - Hand sanitizer stations will be readily available for staff and campers

10. Camper Awards

- Campers will have the opportunity to achieve the following awards:
 - Camper of the Week
 - Most Improved Award
 - Sportsmanship Award
 - Hustle Award
 - Most Spirit Award
 - Citizenship Award

11. Lunch Menu

Coming soon!

12. Refund Policy

All payments and fees paid to the camp are non-refundable.

13. Frequently Asked Questions

- What's the difference between the Basketball, Volleyball and All-Sports camp?
 - Our volleyball and basketball camps are primarily focused on skill development and growth. While our All-Sports camp is an exploratory sports curriculum where campers are introduced to different sports each day. For example, sports like Pickleball, Soccer, Volleyball, and Basketball
- What are the check In and pick up times?
 - Regular Hours
 - Check In @ 9am
 - Pick Up @ 4pm
 - Extended Hours
 - Early Check In @ 8am
 - Extended Pick up @ 5pm
 - Cost for Extended Hours
 - Extended Hours is \$80 per week
 - Includes both Early Check In and Extended Pick Up
 - We will allow a 10 minute grace period. However, after the grace period, a fee will be applied
- How will lunch work?
 - Lunches are included for all campers

- Campers are more than welcome to bring their own lunch. We will have a microwave and refrigerator available
- Please note that we are a Peanut Free Camp
- What is the cost?
 - The total cost is \$300 per week for regular hours plus additional costs for extended hours
 - Schedule is Monday -Thursday
 - Camp includes lunch and nutritional snacks

14. Closing Remarks

Our team would like to thank you for considering AIM Sports Summer Camp. Our highly trained team is committed to providing the best sports summer camp experience in Southern California. We assure you that your child's wellbeing is our top priority and we look forward to a memorable summer filled with memories and fun!

Any questions can be directed to → camps@aimsportsgroup.com

Checkout our website → <https://www.aimsportsgroup.com/summer-camp>

Welcome to the AIM Sports Family!



SUMMER FUN FOR
YOUNG ATHLETES!